

Helpful resources for managing the coronavirus pandemic

In addition to official health information, WEN has collated the following professional resources to help our community through the challenge of the current COVID-19 pandemic.

This includes online resources to help our academics and teachers quickly switch to virtual classrooms and online teaching, resources to help workers convert to working-from-home, and weblinks to help with home schooling.

Looking after our mental health and wellbeing is essential at this time. If you or others need support, you'll find these professional services listed here. Don't hesitate to reach out in this time of need - that's exactly what these services are there for.

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Switching to online classes

- Moving a case class online (Harvard Business Publishing Webinar Recording)
http://academic.hbsp.harvard.edu/webinar_moving_case_class_online?cid=email|elq|ua|recording-case-webinar-mar2020|621490|webinar|attendee|webinar-recording|202003241743
- Adapting quickly to moving online (Harvard Business Publishing Webinar Recording)
http://academic.hbsp.harvard.edu/webinar_quickly_adapting_to_teaching_online
- Moving your classroom online: Articles and resources (Harvard Business Publishing)
<https://hbsp.harvard.edu/teaching-online-resources/?elqTrackId=d165302b0c7c498aa8f3afec5ba18552&elqaid=180&elqat=2>
- COVID-19: 10 steps for transferring your course online
<https://www.weforum.org/agenda/2020/03/covid-19-10-steps-online-learning/>
- Support during the COVID-19 pandemic (Zoom)
<https://zoom.us/docs/en-us/covid19.html>

- RBA educational resources
<https://www.rba.gov.au/education/resources/>
- Teaching economics resources (CORE curriculum) (including material tailored for use during the COVID-19 crisis)
<https://www.core-econ.org>
- Teaching economics resources (Marginal Revolution University)
<https://mru.org/university-teaching-resources>
- Teachers helping teachers community (Marginal Revolution University)
<https://community.mru.org>
- Teaching economics resources (American Economic Association)
<https://www.aeaweb.org/resources/teachers>
- Bring economists into your classroom (a collection of short videos/podcasts featuring Australian female economists)
https://esawen.org.au/study-item/37881/for-more-inspiration/?type_fr=889
- The ESA is also compiling a list to Australian economists and organisations who will be available join you in your virtual classrooms.

Adjusting to working from home

- Adjusting to remote work during the coronavirus crisis (Harvard Business Review)
<https://hbr.org/podcast/2020/03/adjusting-to-remote-work-during-the-coronavirus-crisis>
- 15 Questions about Remote Work (Harvard Business Review)
<https://hbr.org/2020/03/15-questions-about-remote-work-answered>
- 5 Ways to Work from Home More Effectively (Harvard Business Review)
<https://hbr.org/2014/10/5-ways-to-work-from-home-more-effectively>
- A guide to managing your newly remote workers (Harvard Business Review)
<https://hbr.org/2020/03/a-guide-to-managing-your-newly-remote-workers>
- 8 Ways to manage your team while social distancing (Harvard Business Review)
<https://hbr.org/2020/03/8-ways-to-manage-your-team-while-social-distancing>

- Virtual meetings don't have to be a bore (Harvard Business Review)
<https://hbr.org/2020/03/virtual-meetings-dont-have-to-be-a-bore>
- Communicating through the coronavirus crisis (Harvard Business Review)
<https://hbr.org/2020/03/communicating-through-the-coronavirus-crisis>
- Responding to COVID-19: Making flex work for you and your organisation (Diversity Council Australia Webinar) (Note: DCA resources are available to DCA member organisations)
<https://www.dca.org.au/event/365>
- Staying connected and productive while working from home with caring responsibilities (Diversity Council Australia Webinar) (Note: DCA resources are available to DCA member organisations)
<https://www.dca.org.au/event/369>

Home schooling

- 5 Tips for keeping kids learning at home (Melbourne University)
<https://pursuit.unimelb.edu.au/articles/five-tips-for-keeping-kids-learning-at-home>
- Kids at home because of coronavirus? Here are 4 ways to keep them happy (without resorting to Netflix) (The Conversation)
<https://theconversation.com/kids-at-home-because-of-coronavirus-here-are-4-ways-to-keep-them-happy-without-resorting-to-netflix-133772>
- Free online resources to keep your kid learning when they're stuck at home (Kidspot)
<https://www.kidspot.com.au/parenting/real-life/in-the-news/free-online-resources-to-keep-your-kid-learning-when-theyre-stuck-at-home/news-story/75cdc1743ad148bc475520843b5db694>
- Free online resources (Home Education Australia)
<http://www.hea.edu.au/discounts-resources/free-resources/>
- 62 things for children to do at home when school closes (links to free virtual access to museums, libraries, galleries, zoos, and other classes) (Canberra Times)
<https://www.canberratimes.com.au/story/6693270/62-things-for-children-to-do-at-home-when-school-closes/>
- Inspiring female role models to keep inspiring the next generation (ABC Fierce Girls Series)
<https://www.abc.net.au/radio/programs/fierce-girls/episodes/>

Caring for others

- Advice for talking to your chill parents about coronavirus (ABC Life)
<https://www.abc.net.au/life/advice-for-talking-to-your-chill-parents-about-coronavirus/12081428>
- How to talk with your older parents about the COVID-19 pandemic—and have them actually listen (CNBC)
<https://www.cnbc.com/2020/03/13/how-to-talk-to-older-adults-who-arent-taking-coronavirus-seriously.html>
- Coronavirus (COVID-19): Tips for Dementia Caregivers (Alzheimer's Association)
[https://www.alz.org/help-support/caregiving/coronavirus-\(covid-19\)-tips-for-dementia-care](https://www.alz.org/help-support/caregiving/coronavirus-(covid-19)-tips-for-dementia-care)

Mental health and wellbeing

- Coronavirus COVID-19: How to look after your mental health when working from home (ABC Life)
<https://www.abc.net.au/life/coronavirus-covid-19-mental-health-working-from-home-advice/12062284>
- Build your resilience in the face of a crisis (Harvard Business Review)
<https://hbr.org/2020/03/build-your-resiliency-in-the-face-of-a-crisis>
- That discomfort you're feeling is grief (Harvard Business Review)
<https://hbr.org/2020/03/that-discomfort-youre-feeling-is-grief>
- Staying mentally healthy in challenging times (Diversity Council Australia Webinar)
<https://www.dca.org.au/event/367>

Helplines

- Lifeline <https://www.lifeline.org.au/get-help/topics/mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>
- Beyond Blue <https://www.beyondblue.org.au/the-facts/looking-after-your-mental-health-during-the-coronavirus-outbreak>
- 1800 Respect <https://www.1800respect.org.au>
- Headspace <https://headspace.org.au>

Stay connecting to WEN

We hope you'll find support by staying connected to WEN and ESA through your membership and following our social media platforms.

As our activities and events are converted into virtual delivery, we hope that this might even make it more possible for you, your colleagues, and your students, to participate.

Most of all, we hope that everyone in the economics and teaching communities feel safe and supported during this time. We look forward to emerging as an even more connected community on the other side of this.

Below we've listed some other links to help you stay connected and some podcasts to keep your economics mind stimulated during this time

- ESA Website <http://esacentral.org.au>
- WEN Website <https://esawen.org.au>
- WEN Facebook <https://www.facebook.com/groups/149280155496093/>
- WEN LinkedIn <https://www.linkedin.com/company/17982584/admin/>
- WEN Twitter (@WomenEconAU) <https://twitter.com/womeneconau?lang=en>
- WEN Research Hub <https://esawen.org.au/content/931/wen-research-hub>
- WEN Newsletters <https://esawen.org.au/content/820/newsletters>
- WEN Event Recordings (YouTube)
https://www.youtube.com/channel/UCwEM3JHb7u0jFRHi2avJW8Q?view_as=subscriber

Economics podcasts

- ESA Victoria Podcasts (Hosted by Benedict Davies and Simone Wong)
<https://esavic.org.au/content/975/podcasts>
- Economics Explained (Hosted by Gene Tunny)
<https://podcasts.apple.com/au/podcast/economics-explained/id1480645795>
- The Economists' Corner (CEDA)
<https://www.ceda.com.au/Research-and-policy/The-Economists-Corner>
- The Money (ABC)
<https://www.abc.net.au/radionational/programs/themoney/>
- Planet Money (NPR)
<https://www.npr.org/podcasts/510289/planet-money>

- Grattan Institute
<https://grattan.edu.au/tax-podcast/podcasts/>
- Women in Economics (St Louis Fed)
<https://www.stlouisfed.org/timely-topics/women-in-economics>
- Women at Work (Harvard Business Review)
<https://hbr.org/2018/01/podcast-women-at-work>

Online economics seminars

- <https://www.aeaweb.org/resources/online-seminars>
- <https://virtual-econ.info/seminars.html>

